

Pregnancy is one of the most exciting times in a women's life. During the development of a fetus within the womb everything a woman does effects the growth and development of her unborn baby. The numbers of complications in pregnancy are startling and well documented around the world. Many organizations help women to make healthy choices during pregnancy including [www.4woman.gov/pregnancy](http://www.4woman.gov/pregnancy) one of the first governmental agencies to support pregnancy health while Womb's View Center is the first private Maternal Health Care Centers developed to promote the pregnancy health concept. [Healthy Start](#) promotes maternal health with the goal of educating its members, the public at large, federal, state and local policymakers and elected officials on the need for and effectiveness of community-based programs to reduce infant mortality, low birthweight, and racial disparities in perinatal outcomes.

This grass root effort has sprung the organizational concept of maternal health and the development of the first maternal health center in the US. Womb's View Center for Prenatal and Postpartum women is forming partnerships to improve the quality and efficiency of care delivered to pregnant patients by bridging the gap between patient and ambulatory prenatal care. The project H.O.A.P (Healthy Outcomes for All Pregnancies) efforts focus on an increase in client's knowledge, promotion of early bonding and positive change in client behavior. Patient education is an important aspect of healthcare in general and particularly in perinatal care. Many physicians and hospital staff lack the time necessary to fully educate patients prior to giving birth. Patients are discharged early requiring a need for self-care maintenance education. A body of literature supports the value of patient teaching in ambulatory care.

The HOAP program developed by Womb's View Center links inpatient and outpatient client education by forming partnerships. Working together building bridges. The H.O.A.P program consists of broad-based maternal health curriculum that incorporates information, education and services that address nutrition, exercise, warning signs of complications of pregnancy, expectations during labor and delivery, postpartum care, becoming a father, lactation, postpartum depression and infant care. Service includes a breastfeeding helpline and support groups, pregnancy help and support group, new mother support group. Join our team or become a partner to helps us meet the growing needs of the perinatal health education field.

Our Partners include:

Healthy Start Coalition of Miami-Dade County

Health Connect In The Early Years

The Children's Trust